ITEM 9

NORTH YORKSHIRE COUNTY COUNCIL

Care and Independence Overview and Scrutiny Committee

5 March 2020

Work Programme Report

1.0 Purpose of Report

- 1.1 The committee has agreed the attached work programme (Appendix 1).
- 1.2 The report gives members the opportunity to be updated on work programme items and review the shape of the work ahead.

2.0 Background

2.1 The scope of this committee is defined as: 'The needs of vulnerable adults and older people and people whose independence needs to be supported by intervention from the public or voluntary sector.

3.0 Scheduled Committee dates/Mid-Cycle Briefing dates

3.1 The new calendar of meetings was tabled at the November council meeting. Here are the relevant dates for this committee.

Committee meetings

- Thursday 25 June 2020 at 10am
- Thursday 24 September 2020 at 10am
- Thursday 3 December 2019 at 10am
- Thursday 4 March 2021 at 10am

Mid cycle briefing dates

- Thursday 7 May 2019 2020 at 10am
- Thursday 23 July 2020 at 10am
- Thursday 29 October 2020 at 10am
- Thursday 4 February 2021

4.0 Suicide Prevention and Audit

4.1 The chairman followed up the briefing you received on Suicide Prevention and Audit at your last meeting. At the recent Scrutiny Board meeting it was agreed that a slot be made available on the Members seminar programme for a similar session. For those members who expressed an interest in more intensive training, arrangements are to be made via our in-house team. This is a two-day course, leading to a qualification as a Mental Health First Aider. The aim is to give:

- An in-depth understanding of mental health and the factors that can affect wellbeing.
- Practical skills to spot the triggers and signs of mental health issues.
- Confidence to step in, reassure and support a person in distress.
- Enhanced interpersonal skills such as non-judgemental listening.
- Knowledge to help someone recover their health by guiding them to further support whether that's self-help resources, through their employer, the NHS, or a mix.

5.0 Extra care Housing

- 5.1 Group Spokespersons reviewed progress and the current position on Extra care development within the county. The headline points were:
 - One of the largest Extra Care programmes in the country, recognised as an exemplar of good practice and effective delivery
 - 23 schemes ranging from 12 to 90 units in places as diverse as Bainbridge and Harrogate
 - 1218 units with a mix of one and two bedroom apartments or open plan living for people with complex needs or dementia
 - 8 Step up / Step down and 5 short stay / respite units
- 5.2 In terms of the Financial model:
 - New schemes cost approximately £10 £12m to build
 - Developer / Provider account for ~60% of total cost
 - Homes England grant ~30%
 - NYCC Grant ~10%
 - NYCC grant is protected by a legal charge which requires the full grant amount to be repaid if the use of the building changes from Extra Care within 25 years of opening
- 5.3 Extra Care savings are predicated on either:
 - Closure of linked EPH estate, saving on staffing, maintenance etc.
 - Reduction in care costs
- 5.4 Since 2015/16 the Extra Care programme has generated cashable savings of £1.59m with an additional £1m savings in progress linked to other schemes. In addition, non-cashable benefits include reductions in care need due to the environment and ethos of Extra Care and reductions in admissions and delayed transfers where Step up/ Step down units are available.
- 5.5 By 2023 the ambition to see Extra Care in all key towns will have been met, the programme will have delivered 33 schemes and approximately 2000 units of high quality, purpose built accommodation with support. This is the area group spokespersons believed ought to be brought more into the committee's consideration

ECH+

An enhanced staffing and care model to deliver levels of care comparable to nursing homes to allow ECH to become a true home for life and meet the need to support increasing levels of complexity.

ECH Mini

Small scale Extra Care to support rural locations and allow people to remain within their communities.

Hybrids

Mixed usage sites, including Extra Care, Residential and Nursing support and Supported Living all on one site.

5.6 Group Spokespersons believe the committee would benefit from a better understanding of how future need is changing and how we propose to address new challenges and changing demand. The suggestion that emerged was that a themed meeting/workshop should be arranged – possibly in a relevant locality including a premises visit.

6.0 **Provider Services Overview**

- 6.1 Group Spokespersons were updated on provider services. In short, this encompasses:
 - 10 Care Homes all registered for accommodation for people requiring
 - personal care.
 - 5 Respite/Short Breaks services (4 -6 bedded units).
 - 7 Day Services for adults with Learning Disabilities.
 - 13 extra care services with additional PCAH hours in the community.
- 6.2 Members welcomed the successes in achievements over the last year, especially the training of personnel, refurbishment of premises and so on. It was suggested that the broader content around provider services, and its place within directorate priorites, be brought to members at their June meeting.

7.0 Recommendations

7.1 The committee is recommended to consider the attached work programme and determine whether any further amendments should be made at this stage.

DANIEL HARRY SCRUTINY TEAM LEADER County Hall, Northallerton

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APPENDIX 1

Care and Independence Overview and Scrutiny Committee

Scope - The needs of vulnerable adults and older people and people whose independence needs to be supported by intervention from the public or voluntary sector

Meeting Details

Committee Meetings	Thursday 5 March 2020 at 10am
	Thursday 25 June 2020 at 10am
	Thursday 24 September 2020 at 10am
	Thursday 4 March 2021 at 10am

Programme

BUSINESS FOR THURSDAY 5 March 2020				
TOPIC	CONTENT	APPROACH	LEAD	
Social prescribing	 Does social prescribing work? Is it effective? How is it being approached in NY What effects does it have? What does it cost 	Discussion guided by Community First	Leah Swain	
Market Intervention and Residential Care/Domiciliary	 Our Market Shaping Responsibilities The state of the NY Social Care Market Market Development Programme Supported Living Initial findings of review of all Supported Living properties in North Yorkshire 	Presentation	Dale Owens	
Health and Social Care Integration	Task Group Report	Update Briefing on headline conclusions	Ray Busby	
Local Account	Receive this Annual report		Louise Wallace	

BUSINESS FOR THURSDAY 25 June 2020				
Commissioned Services: The Provider perspective	Series managed dialogue/conversation with providers:	eg Wellbeing, Prevention and mental health contracts, Advocacy, Dementia Support		
Update on HARA	A review of how Harrogate and Rural Alliance (HARA). The progress achieved in linking Community health and social care services to local primary care practices, with community nurses, therapists and social care practitioners, working together to respond to people's needs.	Overview presentation	Louise Wallace	
Transfers of Care Annual update	An understanding of how we are improving the Transfer of Care - a priority for the health and care systems and a commitment of the NHS Long term Plan.	Performance item	Louise Wallace	
Transformation	An understanding of strategic thinking on how we ensure that people with the most complex learning disabilities are supported to live in their own communities with the right specialised support around them.	Overview presentation	Chris Jones-King	
BUSINESS FOR THURSDAY	24 September 2020			
Advocacy	A review of this commissioned service	Report and a discussion with the provider		
Welfare Benefits Information and Advice Service				

Mid Cycle Briefings Dates –10am start

Local Account	Thursday 7 May 2019 2020 at 10am
Reablement Review update	Thursday 23 July 2020 at 10am
Respite breaks current position	Thursday 29 October 2020 at 10am
Prevention - run through of commissioned services	Thursday 4 February 2021
Domiciliary Care Update	
Supported Living LD	
Community Mental Health Services	
Annual Safeguarding Board Report	

Other arranged meetings

Follow up to Transitions: Joint meeting with YPOSC members to be arranged in the Autumn